



Black Rock Church Counseling Referral Resources

(Effective August 2021)

Unless listed, please contact the counselor for accepted insurance providers.

Fairfield: **Renew Counseling Associates – Dr. Jeffrey W. White, Director**
Insurances: Aetna, Anthem, Husky, Medicaid
Appointments & Information: Email preferred or 203.450.2665
Email: renewcounselingdirector@gmail.com
Website: www.renewcounselingassociates.com

Beth Thompson – Licensed Professional Counselor
Insurances: Aetna, Anthem, Cigna & Husky
Appointments: 203.450.5804
Email: bthompsonlpc@gmail.com

Norwalk: **Christian Counseling Center of Norwalk**
Appointments: 203.846.4626
Email: office.ccctherapy@gmail.com
Website: www.christiancounselingcenter.us

Family Peace Center, Inc.
Counselors: Matt Evans, Nancy Fujii
Appointments & Information: 203.762.6900
Email: office@familypeacecenter.com
Website: www.familypeacecenter.com

Shelton: **The Family Counseling & Mediation Center, LLC**
Karlene Chisholm – Licensed Marriage & Family Therapist
Insurances: Aetna, Anthem, Espyr, Husky
Appointments: 203.925.7727
Email: KarlaMFT2001@aol.com

Southport: **Karen Giunta** – Licensed Marriage & Family Therapist
Certified EFT Therapist, Life Enrichment Coach
Insurances: Husky, Medicaid
Appointments: 203.856.9555
Email: kgiuntalmft@gmail.com
Website: www.transitionsandnewbeginnings.com

Stratford: **Non-Judgmental Christian Counseling – Julius Dudics, Director**
Appointments: 203.243.7714
Email: jdudics@optimum.net

Charley Mead – Licensed Professional Counselor, MA, NCC
Contact Office for Accepted Insurances
Appointments: 203.375.5782
Email: charleymead@pgcstratford.com
Website: www.personalgrowthconcepts.com

Trumbull: **Safe Harbor Christian Counseling of CT – Robert Hutter, MA, LPC, Director**
Appointments: 800.305.2089, ext. 407
Email: rob@safeharborct.com
Website: www.safeharborct.com

Waterbury: **Deeper View Counseling, PLLC – Solomon Darko, MBA, LPC**
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Husky, UnitedHealthcare,
UMR–Cincinnati
Appointments & Information: 860.510.3959, 203.945.1810
Email: deeperviewcounseling@gmail.com
Website: www.deeperviewcounseling.com

Maria Diaz – Certified Professional Life Coach

A Life Coach helps people identify obstacles that may prevent them from achieving goals, assists with motivation and pinpoints areas of change resistance. Please visit Maria’s website for information about the value of life coaching services.

Appointments & Information: 317.966.8528
Email: maria.diaz@crownsministries.org
Website: www.crownsministries.org

Amy Vales at Key Therapy – Licensed Marriage & Family Therapist

Insurances: Aetna, Anthem, Cigna, Husky, UnitedHealthcare
Appointments & Information: 203.814.1850
Email: avales@keytherapyllc.com
Website: www.keytherapyllc.com

NOTE: Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.